

## RSR Canine Post Surgical Information After Spay/Neuter Surgery

### From Your Foster Pet:

I was given an anesthetic which is why I am a little sleepy. I also have had an analgesic (pain) medication, which will help me as I recover! Allow me to recuperate in a quiet room away from other pets.

The Ruff Start Vet Team has told me I have to follow these rules when I get home:

1. **No strenuous activity for 10 to 14 days.** Keep your foster quiet – no running, jumping, playing, swimming, etc. If your pet is too active, they run the risk of developing swelling around the incision site (seromas or scrotal hematomas), and this could result in premature dissolving of sutures, opening of the incision, and costly follow-up medical care.
2. **Check me daily for any bleeding, gaping, or discharge from my surgery site.** A little swelling and redness is normal. Ensure that the incision stays clean and dry to prevent infection. *No sutures will need to be removed unless you are told otherwise by our vetting team.*
3. **Use an e-collar (cone), t-shirt/onesie (females), or boxer shorts (males) to prevent licking on or near the incision site.** Note, there will be a green tattoo next to the incision indicating the animal has been altered.
4. **Gradually introduce water to your foster pet.** As a note, your foster may not be interested in eating/drinking the day of surgery - this is normal. However:
  - If your foster vomits after eating, withhold food and contact your Foster Manager.
  - If your foster does not eat/drink the day after surgery, inform your Foster Manager.
5. **I need to take the following medications listed below,** as directed on the label:

Carprofen tablets OR Meloxicam liquid

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### Additional Information:

- If your foster's incision opens or becomes infected, please email your Foster Manager, and include a photo of the incision area.
- **In case of emergency,** please email [vetting@ruffstartrescue.org](mailto:vetting@ruffstartrescue.org) with *URGENT* in the subject line.
- **Male pets can still impregnate an unsterilized female up to one month after surgery.** *Please keep a close eye on your foster animal.*
- The following additional procedure(s) were also performed today:

Nail Trim

Heartworm test

DHPP vaccine

Microchip Placed

Rabies vaccine

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